



**2021 MOUNTAIN SPIRIT AWARD: AVA VANDERBEEK**



Ava Vanderbeek

**Sponsored by Norquay and Rab**

**2021 Award Recipient Ava Vanderbeek**

Ava was named the first female, Indigenous Director for the Canadian Rockies Youth Network.

Ava participated in a seven-day backpacking trip in the Kananaskis, following the Elbow Watershed with Outward Bound Canada.

And, Ava hosted, scripted and planned a virtual Opening Ceremony for the 2021 Canadian Rockies Youth Summit, including an indigenous elder and student in the ceremony.